

PSYCHOTHERAPY CLINIC

WHAT PSYCHOTHERAPY TREATMENTS ARE AVAILABLE?

We offer treatments to a wide range of people, including children, teenagers, couples and adults. You are also welcome to self-refer yourself or be referred by a health professional such as a GP. Our specialist team ranges from psychologists, counsellors, psychiatrists to psychotherapists. We offer therapeutic options such as Cognitive Behavioural Therapy (CBT), Cognitive Analytic Therapy (CAT), Cognitive Behavioural Hypnotherapy, Existential-Phenomenological and Psychodynamic psychotherapy.

Do you suffer from any of these symptoms?

Depression - Generalized Anxiety (Worry/Nerves) - Phobias (Fears)
Addiction Therapies For Substance Misuse, Problem Gambling Addiction -
Health Anxiety - Social Anxiety - Suicidal thinking - Work Related Issues -
Abuse - Panic Disorder (Panic Attacks) - Obsessive Compulsive
Disorder (OCD) Post-Traumatic Stress Disorder (Trauma) Anger - Stress -
Chronic Pain Sleep Problems - Low Self Esteem - Autism & Special Needs

First Assessment: £150 (50 minutes)

Follow up: £120 Couples: £180

WHY CHOOSE MEDIWELL PSYCHOTHERAPY CLINIC?

- We aim to see emergencies at short notice
- After-work appointments are often available
- We work closely with our Specialist General Surgeon and other practitioners with fast access to treatment with antibiotics, pain relief, other prescription medicines and laboratory with
- The extensive on-site facilities of the MediWell Psychotherapy Clinic mean that medical and nursing supports are always available when needed
- Our specialist team ranges from psychologists, counsellors, psychiatrists to psychotherapists
- Using highly effective types of Talking Therapies such as Cognitive Behavioural Therapy (CBT), Compassion Focused Therapy and EMDR.
- MediWell Clinic is a CQC licenced (including surgical procedures) clinic



Our aim is to support people in exploring their unique potential, enabling them to embrace challenges that lead towards a more meaningful life. We achieve this by using an experienced team of professionals. Our team of Therapists and Psychologists in MediWell are highly trained mental health professionals with backgrounds as either Cognitive Behavioural Therapists, Clinical or Counselling Psychologists. This means our tailor-made plans of action are uniquely and conjointly created by our Therapist who has the necessary skills, experience and expertise to help you achieve your Therapy goals



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Private GP Service & Consultant Services | GP Appointment on the same day or next day